

FLAG FOOTBALL

Instructional Program (ages 4-9)

This program will focus on individual player development as participants learn the skills and rules of the game. They will also play very low key games. No special equipment needed. This program is run by Revolutionary Sports staff. **Resident rate applies to New Hope, Crystal, Golden Valley, Robbinsdale and St. Louis Park.*

Sundays, August 11-September 15

110701-A1 Ages 4-6 with parent, 2:45-3:30 p.m.
110701-B1 MiniStars ages 5-7, 3:30-4:15 p.m.
110701-C1 MightyStars ages 6-9, 4:15-5 p.m.
\$55 Residents*, \$62 Nonresidents

Sundays, September 22-October 20

110701-A2 Ages 4-6 with parent, 2:45-3:30 p.m.
110701-B2 MiniStars ages 5-7, 3:30-4:15 p.m.
110701-C2 MightyStars ages 6-9, 4:15-5 p.m.
\$55 Residents*, \$62 Nonresidents

Location: Robbinsdale Middle School turf, 3730 Toledo Ave N, Robbinsdale

Northwest Suburban Flag Football League (ages 7-10)

Youth will learn the fundamentals of football as they focus on teamwork and sportsmanship. Volunteer coaches are needed. Parents who agree to coach will receive a refund of half the program fee at the end of the season. **Resident rate applies to New Hope, Crystal, Golden Valley, Minnetonka, Plymouth and Robbinsdale.*

110702-A Ages 7-8

110702-B Ages 9-10

Practices: Thursdays, August 29-October 10 from 6-7:15 p.m.
Robbinsdale Middle School turf, 3730 Toledo Ave N, Robbinsdale

Games: Sundays, September 8-October 13
times vary, 4-7 p.m.; game location varies

\$71 Residents*, \$78 Nonresidents



Register with: New Hope Parks and Recreation
4401 Xylon Ave N
New Hope, MN 55428

Refunds, program credits and transfers are allowed up to one week before the start of the program. In the event of illness or injury, refunds will be given when accompanied by a doctor's written verification. All refunds are subject to a \$5 service fee. Confirmations are not sent. Payment by check authorizes the city to use information from your check to make a one-time electronic fund transfer from your account. *Phone registrations accepted with a major credit card.*

Register Online at webtrac.nhrecexpress.com

Questions? Call 763-531-5151

2019 Flag Football

Name _____ Phone (h) _____ (c) _____

Address _____ City _____ Zip _____

Birthdate _____ Sex (M or F) _____ Amount Enclosed \$ _____

Does participant have a special need? _____ Email _____

Course _____ Dates _____ Times _____

I, the undersigned parent or guardian, authorize the sponsoring cities to disclose to the City's insurer, attorney, staff, coaches, and other personnel involved in this program, the participant's name, address and telephone number for the purpose of program administration. I understand that the records are protected under state and federal privacy regulations and cannot be disclosed without my written consent unless otherwise provided by law. I hereby agree to allow the individual named herein to participate in the aforementioned activity, and further agree to hold the City harmless for any claim resulting from participation in this activity. I further give consent for any photos or videos taken during the program to be used by the City for promotional materials.

Parent/Guardian Signature _____ Date _____

Am Ex/Discover/MC/Visa # _____ Exp Date _____ Security Code _____